

**Blue Green Algae (*Aphanizomenon flos-aquae*)**

Fat Profile	%
Saturated Fat	2
Monounsaturated Fat	0.5
Polyunsaturated Fat	1.6
Total Fat	4.1
<b>Fatty Acid Profile Saturated</b>	
Capric	0.1
Lauric	0.1
Tridecanoic	0.1
Myristic	7.5
Pentadecanoic	0.2
Palmitic	37.3
Heptadecanoic (margaric)	0.6
Stearic	1.7
Nonadecanoic	0.1
Arachidic (ecosanoic)	0.2
Heneicosanoic	0.2
Behenic	0.1
Lignoceric	0.1
Total Saturated	<b>48.1</b>
<b>Monounsaturated</b>	
Myristoleic	0.4
Pentadecenoic	0.1
Palmitoleic	3.5
Margaroleic	0.2
Oleic	7.9
Eicosanoic	0.5
Erucic	0.1
Total MUFA's	<b>12.6</b>
<b>Polyunsaturated</b>	
Linoleic	7.1
Linolenic	28.6
18:04	2.7
Eicosadienoic	0.1
Arachidonic	0.2
Eicosapentanoic	1.2
Docosadienoic	0.1
Docosahexaenoic	0.3
Total PUFA's	<b>40.3</b>